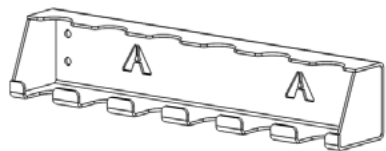


BARBELL STORAGE - WALL MOUNTED (VERTICAL) ASSEMBLY GUIDE

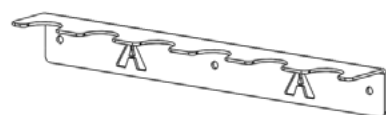
IMPORTANT INFORMATION. READ BEFORE INSTALLING OR USING ALPHAFIT BARBELL STORAGE - WALL MOUNTED (VERTICAL)

INCLUDED PARTS

Drawings show 6 Bar Vertical Storage.



1x Top Component

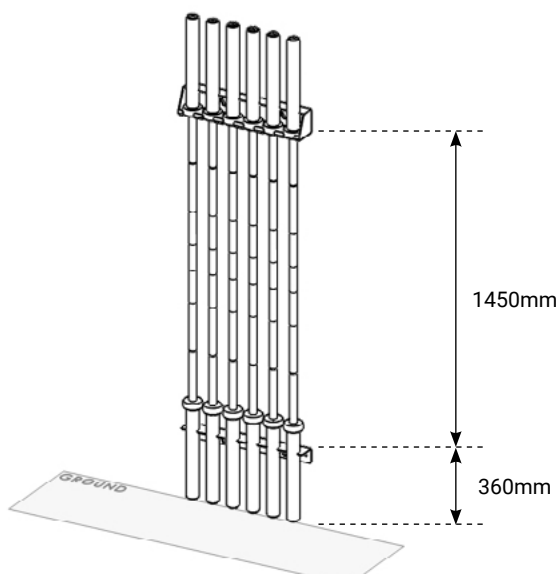


1x Bottom Component

NOTE: Fixings not included. Use fixings appropriate for the specific wall material. The mounting holes are 11mm in diameter.

HEIGHT GUIDE

Based on storing traditional full-size Olympic barbells.



WARNING!

MISUSE OF THIS EQUIPMENT CAN RESULT IN SEVERE INJURY OR DEATH. BUYER ASSUMES ALL LIABILITY IN USAGE OF EQUIPMENT.

To reduce the risk of serious injury, read all important precautions and instructions in this document and any warnings on your product before using it. Keep this document for future reference.

This equipment must only be used by competent and responsible persons, or under the direct and visual control of a competent and responsible person. Obtaining instruction in appropriate techniques and methods of use for this equipment is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever.

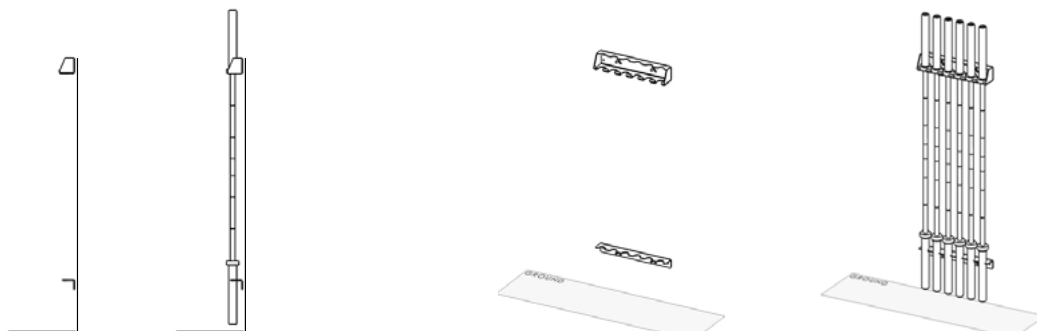
It is the responsibility of the owner to ensure that all users of this product are adequately informed of all precautions. The safety and integrity designed into the equipment can only be maintained when it is regularly examined for damage and repaired. It is the responsibility of the user/owner to ensure that regular maintenance is performed. Inspect and properly tighten all parts regularly. Replace any worn or damaged parts immediately and do not use until the equipment has been repaired.

AlphaFit bears no liability beyond the replacement value of the equipment in question. Should you have any concerns with the setup and installation of this equipment, contact us immediately.

INSTALLATION

Take care when installing AlphaFit Barbell Storage - Wall Mounted (Vertical). This bar storage is intended for installation to wood studs or masonry. It is strongly recommended to hire a professional to ensure proper installation to the wall with the correct type of fixings/hardware, as well as account for load bearing tolerances of mounting fixings/hardware and wall.

Regularly inspect the AlphaFit Barbell Storage - Wall Mounted (Vertical) at attachment points to ensure that the product is safe and secure for its intended storage usage and load weight. AlphaFit recommend a safety factor of two for total fixing load. For example, when installing a six bar wall mounted storage rack, traditional full-size Olympic barbells weighing 20kg each would have a combined weight of 120kg, and the AlphaFit Barbell Storage - Wall Mounted (Vertical) has a weight of 8kg—this would be a combined 128kg total weight, times by 2, meaning fixings need to total 256kg load bearing capacity.



| Type of AlphaFit Barbell Storage - Wall Mounted | No. Fixings Required | Rack Weight |
|--|----------------------|-------------|
| Barbell Storage - Wall Mounted (2 Bar Vertical) | 6 | 3kg |
| Barbell Storage - Wall Mounted (3 Bar Vertical) | 6 | 4kg |
| Barbell Storage - Wall Mounted (6 Bar Vertical) | 7 | 8kg |
| Barbell Storage - Wall Mounted (12 Bar Vertical) | 9 | 15kg |