ALPHAFIT®



CORE HACK SQUAT & LEG PRESS

1 | ADJUSTABLE SHOULDER PADS BUILT FOR COMFORT

Gas-assisted, dual-linked shoulder pads make adjustments quick, smooth, and effortless. With a wide range from 120mm to 310mm, the machine adapts to athletes of all sizes, ensuring optimal positioning and comfort.

2 | ADJUSTABLE BACK PAD DELIVERING THREE MACHINES IN ONE

The adjustable back support pad allows users to transition between hack squats, seated leg press and calf raise exercises. Featuring an easy-to-use latch locking pin, the back pad can be elevated to perform seated leg presses and calf raises.

3 | ADJUSTABLE NON-SLIP FOOT PLATFORM

The oversized 1000mm x 800mm foot platform features a durable, non-slip rubber surface for secure foot placement. Gas-assisted angle adjustment from 85° to 110° allows users to customise their positioning for comfort and optimal range of motion across all three exercises.

4 | STAINLESS STEEL LINEAR RAILS FOR SMOOTH MOVEMENT

The plate-loaded roller trolley system travels along precision stainless steel linear rails, delivering smooth, controlled and consistent movement throughout every repetition.

5 | ENGINEERED WITH SAFETY IN MIND

Featuring six drop stop positions and seven catch positions ensuring lifters can re-rack the weight quickly and securely at any point in the movement.

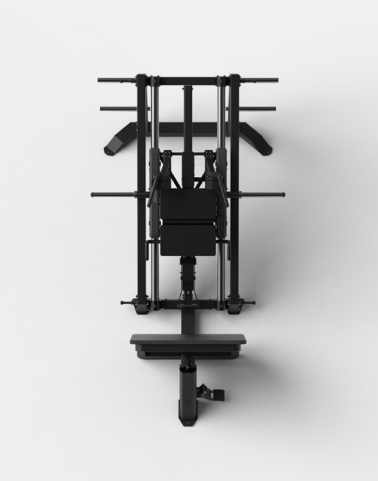
6 | PROUDLY MADE IN AUSTRALIA, CUSTOMISE YOUR HACK SQUAT

The Core Hack Squat & Leg Press is 100% Australian made allowing us to offer an unbeatable level of customisation. Part of the newest range of AlphaFit plate loaded machines, you can create the best strength setup for your unique space and training requirements.

Top of line model pictured - Core Hack Squat & Leg Press in Charcoal Grey. Custom configurations, colours and branding available. Contact your sales representative for more information.

AUSTRALIAN MADE AND OWNED

THIS IS NO STANDARD HACK SQUAT. DESIGNED AND ENGINEERED IN AUSTRALIA WITH PEAK PERFORMANCE AND AESTHETICS IN MIND, THIS PRODUCT IS GUARANTEED TO BE THE CENTREPIECE OF YOUR COMMERCIAL GYM, SPECIALTY STRENGTH OR REHAB FACILITY.







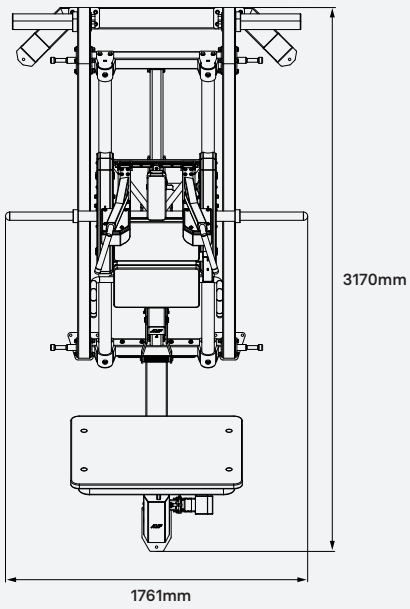
CORE HACK SQUAT & LEG PRESS SPECIFICATIONS

Product Dimensions (L × W × H):	3170mm × 1761mm × 1385mm
Product Weight:	350kg
Starting Resistance:	50kg
Load Rating:	400kg
Shoulder Adjustment:	120mm to 310mm
Platform Tilt:	85° to 110°
Drop Stop Adjustments:	6 positions
Catch Positions:	7 positions
Warranty:	'Built Not Bought' warranty
Standard Colour Options:	Choose from 13 colours

Charcoal Grey *Blue* *Red* *Orange* *Pink*

Yellow *Bright Green* *Black* *White* *Silver*

Desert Sand *Army Green* *Turquoise*



Learn more at **alphafit.com.au/core-hack-squat-leg-press**

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FEATURE/BENEFIT	TRADITIONAL HACK SQUATS	ALPHAFIT CORE HACK SQUAT
ADJUSTABLE BACK SUPPORT PAD To convert machine to perform seated calf raises and leg press.		✓
ADJUSTABLE PLATFORM ANGLE To optimise position and muscle targeting.		✓
ADJUSTABLE SHOULDER PADS For a comfortable support for a variety of athletes.		✓
MULTIPLE CATCH POSITIONS To accommodate the height of a variety of athletes.	✓	✓
VISIBLE + ADJUSTABLE DROP STOP For safety and visibility at all times.	✓	✓
PLATE STORAGE PINS To keep plates close by.	✓	✓
BAND PEGS For adding resistance/assistance to your movement.	✓	✓
AUSTRALIAN DESIGNED & MADE For trust in quality and safety.		✓

