



ALPHA FIT®

CORE CHEST SUPPORTED LEVER ROW

1 | FIXED PIVOT AXIS MAKING LIFTING HEAVY SAFER

A key point of difference in the AlphaFit Core Chest Supported Lever Row is a fixed pivot axis. The fixed pivot axis prevents the bar from moving side to side like traditional lever row machines. This reduces the injury risk for users overloading one side when un-racking and re-racking the bar.

2 | RE-RACK THE NEW WAY WITH OUR FOOT-OPERATED CATCH SYSTEM

With a fixed pivot axis, AlphaFit has developed a safe way to re-rack the bar using a foot-operated catch system. To un-rack the bar, use the handles to pull the bar towards your chest and the catch arms will automatically disengage. To re-rack the bar with the foot-operated catch, push down on the foot pedal and maintain pressure as you pull the bar back into its stowed position.

3 | WHEELS FOR EASY MOVING

The two Polyurethane wheels included in the machine's design make it easy for the Core Chest Supported Lever Row to be moved anywhere in your space.

4 | GET MORE OUT OF YOUR EXERCISE WITH THREE GRIP OPTIONS

The Core Chest Supported Lever Row features three soft knurled handle grip options, wide, 45° and neutral. The variety of grip options are designed to optimise your position and comfort while targeting the entire back.

5 | FIND THE PERFECT POSITION WITH SIXTEEN PAD HEIGHTS

The Core Chest Supported Lever Row features sixteen pad height positions in 20mm increments and eighteen handle trolley positions in 25mm increments to comfortably accommodate a variety of users.

6 | MADE IN AUSTRALIA, CUSTOMISE THE LEVER ROW OF YOUR DREAMS

The Core Chest Supported Lever Row is 100% Australian made allowing us to offer an unbeatable level of customisation including colour and branding. Part of the newest range of AlphaFit plate loaded machines, easily create the best strength setup for your unique space and training requirements.

Standard model pictured - Core Chest Supported Lever Row in Charcoal Grey. Custom configurations and colours available. Contact your sales representative for more information.



Learn more at alphafit.com.au/core-chest-supported-lever-row

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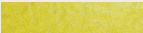

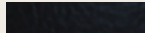



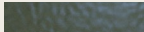



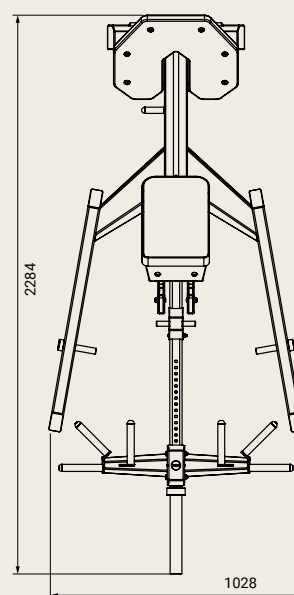
**DESIGNED AND
ENGINEERED IN
AUSTRALIA WITH PEAK
PERFORMANCE AND
AESTHETICS IN MIND,
THIS PRODUCT IS
GUARANTEED TO BE A
HEAD TURNER IN YOUR
COMMERCIAL GYM,
SPECIALTY STRENGTH OR
REHAB FACILITY.**



CORE CHEST SUPPORTED LEVER ROW SPECIFICATIONS

Product Dimensions (L x W x H):	2284mm x 1028mm x 1290mm
Product Working Floor Area (L x W):	2800mm x 1500mm
Product Weight:	115kg
Starting Resistance:	22kg* (affected by handle positioning)
Plate Pin Capacity:	150kg
Height Adjustments:	16 positions (20mm increments)
Warranty:	'Built Not Bought' warranty
Standard Colour Options:	Choose from 13 colours

				
Charcoal Grey	Blue	Red	Orange	Pink
				
Yellow	Bright Green	Black	White	Silver
				
Desert Sand	Army Green	Turquoise		



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