

***ALPHA*FIT®**

THE ORIGIN POWER CAGE

BUILT FOR YOU.





ALPHAFIT®

BUILT FOR YOU

ORIGIN CAGES ARE MODULAR, CUSTOMISABLE AND ENGINEERED FOR HIGH-PERFORMANCE.

FUSING FORM INTO FUNCTION, OUR CAGES ARE BUILT TO WITHSTAND THE HARSHTEST TRAINING WITH UNPARALLELED QUALITY AND AESTHETICS UNIQUE TO YOU.

Innovation never stops. We're committed to enhancing coaches' and athletes' performance in and out of the gym. AlphaFit Origin Cages bring your vision to life in a completely unique way.

**CONFIGURED
FOR OPTIMAL
TRAINING
PROGRAM
DELIVERY.**

**HEAVY-DUTY
AUSTRALIAN
STEEL FOR THE
TOUGHEST
TRAINING.**

**UNIQUE
TEXTURED
COATING FOR
SUPERIOR GRIP
+ PROTECTION.**

**DESIGNED
WITH PATENT-
PENDING
SAFETY
FEATURES.**

**CUSTOMISE +
CONFIGURATE
WITH OUR GYM
DESIGNER
SERVICE.**

**CHOOSE FROM
OVER 100
ATTACHMENTS,
COMPONENTS
+ STORAGE.**



Drawing on three generations of manufacturing experience, AlphaFit confidently deliver the highest quality Australian-made fitness and exercise equipment available.

Look for the official licenced 'Australian Made and Owned' logo identifying all of our proudly Australian made products.

ORIGIN CAGE RANGE

STANDARD CONFIGURATIONS

HALF CAGE
WITH STORAGE PINS



SINGLE CAGE
WITH STORAGE PINS



DOUBLE HALF CAGE
WITH STORAGE PINS



HALF CAGE WITH
STORAGE EXTENSION



SINGLE CAGE WITH
STORAGE EXTENSION



“ ”

Working with AlphaFit to develop this facility was a great experience. We went to market and we spoke to six or seven companies, and to us AlphaFit were the leading brand.

Making sure we could be as efficient as possible with our space to get the most amount of kit without crowding it was really important for us.

The way that we've been able to customise equipment and build smith machines into our squat racks, as well as cable machines off the back of three of our squat racks, has been really important for us.

It has allowed us to be really considered with our space so that when we do have upwards of 30 athletes in here at one time we can program purposefully and set up our sessions so that everything flows really well.

We'd recommend AlphaFit to anyone else in the industry who's looking to do a fitout.

Jackson Dennis, Senior Strength and Conditioning Coach, Fremantle Dockers.

ALPHA FIT | **FREMANTLE DOCKERS**

ORIGIN CAGE RANGE

MARKET-LED DESIGN FEATURES

ALPHAFIT'S CAGE RANGE IS DRIVEN BY MARKET-LED PRODUCT DEVELOPMENT, DELIVERING OUTSTANDING BENEFITS WITH COACHES + ATHLETES IN MIND.



SUPERIOR STEEL CONSTRUCTION

Using 75mm × 75mm tubing and 3mm steel, our racks are Australian made with state-of-the-art equipment and market-leading 3D modeling software. We guarantee our products are fit for purpose and the best available.



NUMBERED HOLES ON UPRIGHTS + CROSSBEAMS

Never lose your ideal positioning with our laser-cut, numbered 25mm holes on both vertical and horizontal braces. Designed for quick attachment setup each time you return to the rack, and fast changeover when switching between athletes.



FUNCTIONAL FLUSH MOUNT TOP BRACES

Our most up-to-date range of Origin Cages feature a new style of upper crossbeams with hole numbering for accessory attachment and storage, mounting flush with the top of the uprights for additional height and greater access to the Cage.



MULTIPLE CHIN UP BAR INSTALLATION HEIGHTS

The offset 13mm holes at the top of our uprights allow for chin up bar installation across a huge vertical range in 25mm increments, depending on your chosen upright height. We ensure all athletes—no matter their height—are set to train.



100+ ATTACHMENTS AND ACCESSORIES AVAILABLE

Our unbeatable range of attachments, components and storage ensure your setup is highly functional and ever-evolving. Curate the perfect mix of accessories for varied strength, power and mobility programming.

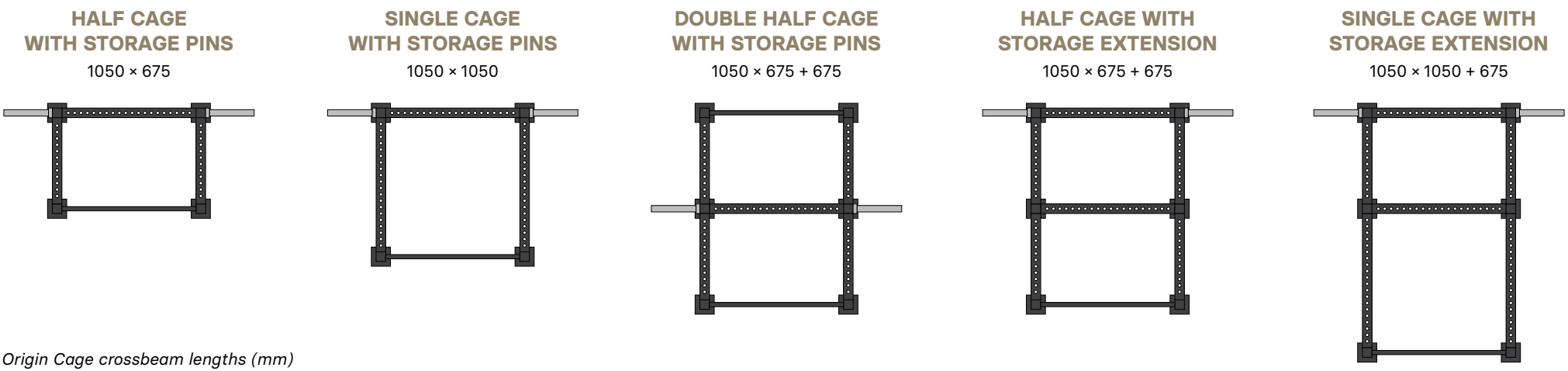


INTEGRATE PIN-LOADED CABLE + SMITH MACHINES

Space-saving, efficient design methodology is front of mind for our engineers. To optimise your gym's footprint, AlphaFit's Origin Cages can integrate our Smith Machines and pin loaded cable towers within the rack.

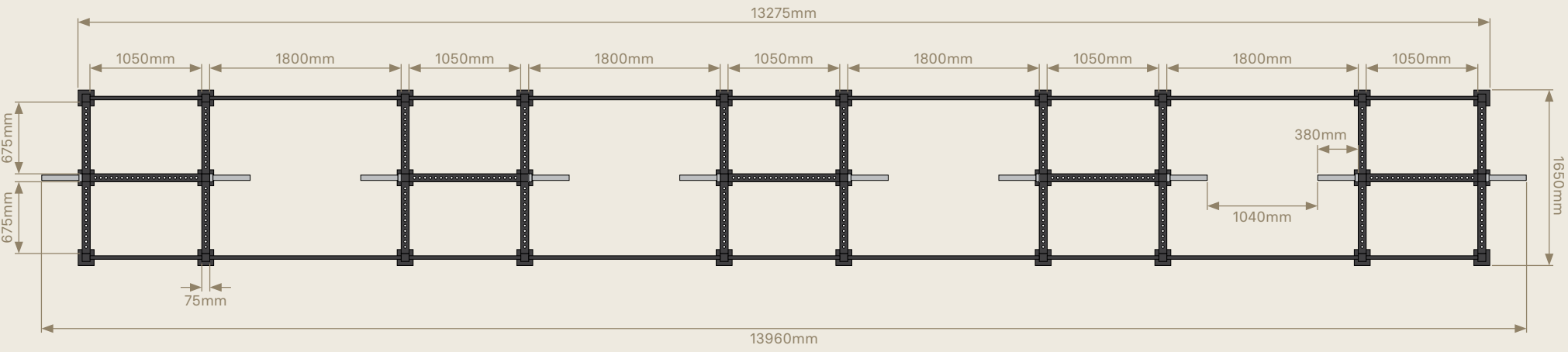
ORIGIN CAGE RANGE

OVERHEAD VIEWS



EXAMPLE STRENGTH AND CONDITIONING ORIGIN CAGE CONFIGURATION: Five Double Half Cages with Storage Pins, connected with 1800mm Single Bars.

FOOTPRINT DIMENSION: 13.3m × 1.7m (Base Plate to Base Plate) | **TOTAL DIMENSIONS:** 14m × 1.7m (Including Storage Pins) | **STANDARD HEIGHT:** 2.5m



ORIGIN CAGE RANGE

COMPONENT OPTIONS

Configure your strength and conditioning Cage training zone with these options:

1. UPRIGHTS:

- 2500mm
- 2625mm
- 2750mm
- 3750mm
- 4750mm

2. SINGLE BARS:

- 1050mm
- 1500mm
- 1800mm
- 2100mm

3. CAGE SPECIALTY CROSSBEAMS

- Stacked Logo Brace: 1050mm - Flush Mount
- Laser Cut Logo Brace: 1050mm - Flush Mount
- Multi Grip Chin Up Bar: 1050mm

4. CAGE CROSSBEAM TOP BRACES

(Holes, Numbers)

- 675mm - Flush Mount
- 1050mm - Flush Mount

5. CAGE CROSSBEAM BOTTOM BRACES

(Holes, Numbers)

- 675mm
- 1050mm

6. CAGE EXTENSION CROSSBEAMS

(No Holes, No Numbers)

- 1500mm
- 1800mm
- 2100mm

7. CAGE INCLINE CROSSBEAMS

(Holes, No Numbers)

- 675mm - Flush Mount: 2500mm to 2625mm
- 675mm - Flush Mount: 2625mm to 2750mm
- 1050mm - Flush Mount: 2500mm to 2625mm
- 1050mm - Flush Mount: 2625mm to 2750mm

8. CAGE INTEGRATIONS

- Smith Extension 675mm
- Smith Extension 1050mm
- Core High Low Cable Tower
- Core Lat Pull Low Row Tower

9. RIG ATTACHMENTS

View website for full range.

10. RIG MOUNTED STORAGE

View website for full range.

11. RIG MOUNTED PLATFORMS

View website for full range.

ALPHAFIT STAND BEHIND OUR WORLD-CLASS RANGE OF CUSTOM STEEL EQUIPMENT WITH OUR 'BUILT NOT BOUGHT' 10 YEAR WARRANTY AND CHALLENGE YOU TO FIND A STRONGER, MORE RELIABLE PRODUCT.



ORIGIN CAGE RANGE

CUSTOM STRENGTH RACKS

CUSTOM ORIGIN CAGE EXAMPLE 1: Origin Half Cage with 1050mm Smith Extension, Incline Crossbeams, Multi Grip Chin Up Bar, Stacked Logo Brace, Storage Pins, Spotter Arms and Origin XL J-Hooks. (*Bumper Plates and Force Plates are not a part of the configuration.*)



CUSTOM ORIGIN CAGE EXAMPLE 2: Origin Single Cage with Storage Extension, Multi Grip Chin Up Bar, Core High Low Cable Tower, Core Lat Pull Low Row Tower, Single Bar, Stacked Logo Brace, Trolley Jammer Arms Kit, Barbell Storage, Sling Bracket Spotting Set, and Origin XL J-Hooks. (*Barbell and Bumper Plates are not a part of the configuration.*)



ORIGIN CAGE RANGE

COMPATIBLE ACCESSORIES

AlphaFit's range of Rig Attachments will turn your Cage into the ultimate multi-purpose training space. With more than 100 attachments, components and storage solutions, our gear is ready to put your coaching range to the test, and push athletes to their limits.



Origin XL J-Hook Pair



Origin Roller J-Hook Pair



Spotting Rail Pair



Spotter Arm Pair



Sling Bracket Spotting Set



Dip Bar



Gooseneck Power Band Rail Pair



Rig Attached Core Trainer



Rig Attached Roller Pad



Rig Attached Hip Thruster



Rig Mounted Trolley Jammer Arm Pair



Jammer Arms



Rig Attached Monolift Pair



Rig Attached Adjustable Support Pad



Rig Attached Free Weight Support



Removable Single Bar



Adjustable Pull Up Bar



Rope Anchor



Knee Pad Attachment



Foot Peg Attachment



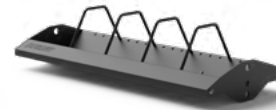
ORIGIN CAGE RANGE

COMPATIBLE STORAGE

AlphaFit's Rig Mounted Storage allows you to utilise your Cage uprights to create efficient and convenient storage solutions, keeping all of your gym and exercise equipment readily at hand.



Rig Mounted Flat Shelf



Rig Mounted Bumper Shelf



Rig Mounted Angle Shelf



Rig Mounted Storage Channel



Rig Mounted Band Storage



Rig Mounted Ball Shelf



Rig Mounted Swiss Ball Storage



Rig Mounted Chain Storage



Rig Mounted Chalk Bowl



Rig Attached Plate Storage Pair



Rig Mounted Vertical Barbell Storage Storage 2 Bar



Cage Mounted Barbell Storage Single Bar

HIGH-PERFORMANCE FACILITY GYM DESIGNER SERVICE

OUR EXPERT CONSULTANTS AND DESIGNERS ARE FOCUSED ON A SINGLE GOAL: TO REALISE YOUR VISION.

We study your program, review floor plans and site specifications, innovate unique solutions, and deliver leading-edge virtual experiences to ensure results that perfectly suit your specific needs.



PROJECT CONSULTATION

Your dedicated consultants will organise a meeting with you to discuss your vision. We will gather information about your floor plan, equipment wish list, current training programming and budget requirements.



CONCEPT DEVELOPMENT

Our design team will bring your vision to life, expertly crafting with industry-leading 3D software to produce high quality virtual layouts of your space, to give you a complete, immersive experience.



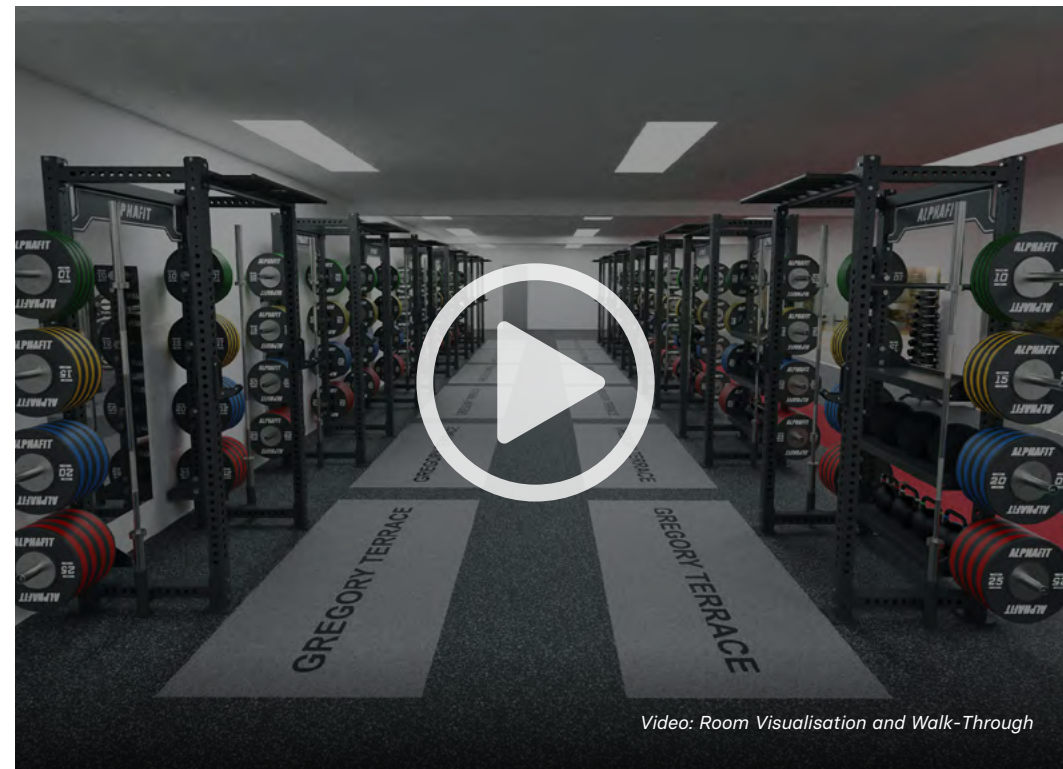
DESIGN PROPOSAL

Following feedback, we provide you with your final proposal showcasing your facility—ideal for sharing with stakeholders. Your consultant will follow up confirming your order and next steps.

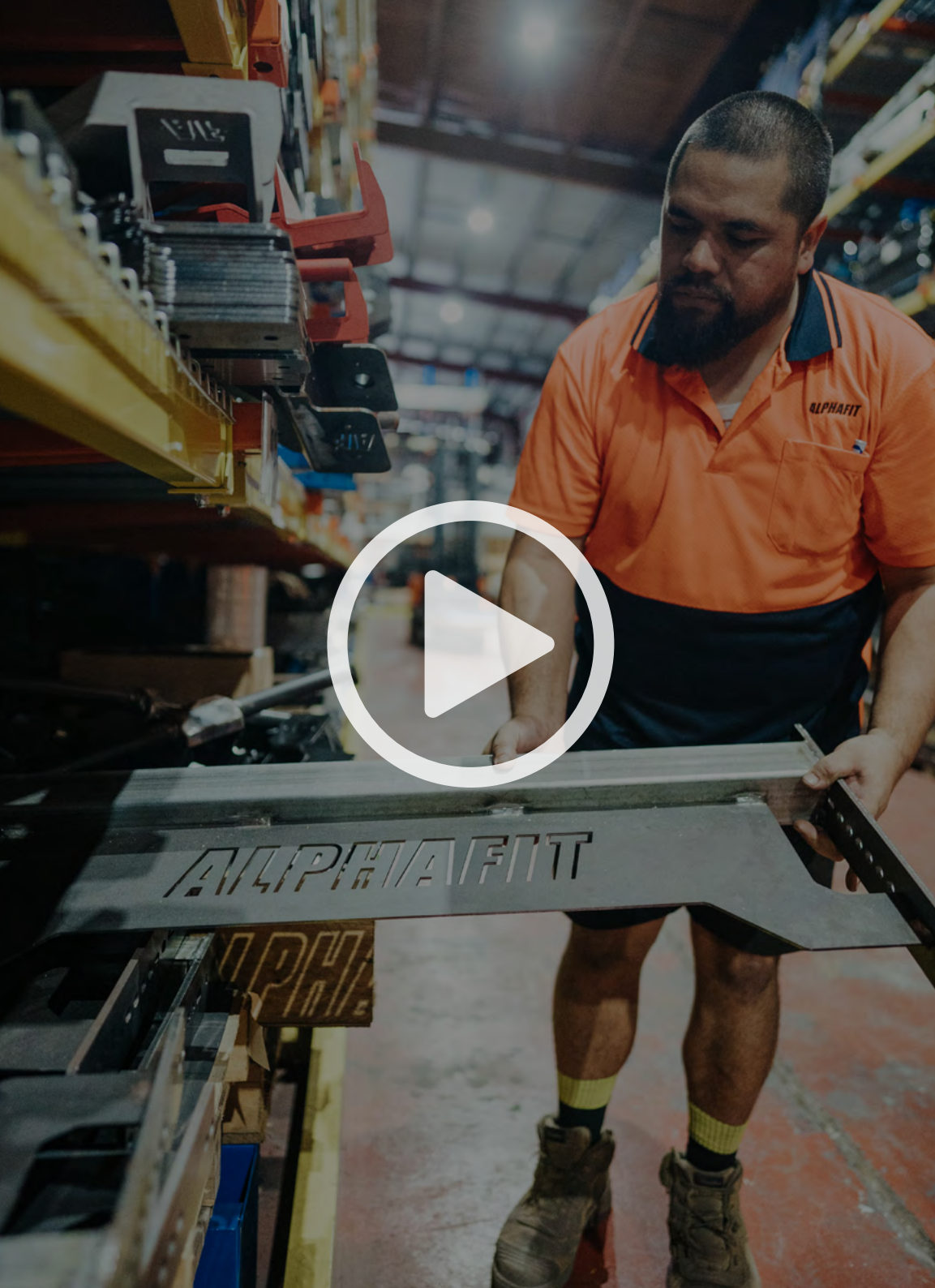
WE ARE DEDICATED TO HELPING DESIGN AND IMPLEMENT YOUR OPTIMAL FACILITY, EVERY STEP OF THE WAY.



Gym Designer - 3D Room Render Example



Video: Room Visualisation and Walk-Through



HIGH-PERFORMANCE FACILITY SOLUTION PROVIDERS

FROM CONCEPT TO INSTALLATION: WE OWN THE PROCESS.

Together we can build a benchmark training centre that exceeds the expectations of your stakeholders, coaches and athletes.

Working alongside the best coaches in the industry we build quality, high-performance equipment without compromising design or manufacturing, to provide a premium product that will outlast the market.

With over 20 years of experience, our team combine premium consultation and white glove execution to deliver turn-key, ground-up, outstanding experiences that surpass our customers' expectations.



TRUSTED BY THE BEST: OUR QUALITY IS UNDENIABLE, AND
WHAT KEEPS PROFESSIONAL SPORTS COMING BACK.

The image shows a close-up of a black metal beam from a gym machine. The word "ALPHAFIT" is embossed in a bold, sans-serif font on the beam. The background is a blurred view of a gym interior with other equipment and bright lights.

ALPHAFIT

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*Information correct at time of publication 08/08/2024. AlphaFit reserves the right to change these at any time. Contact the AlphaFit Marketing Team for the most up to date information.
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